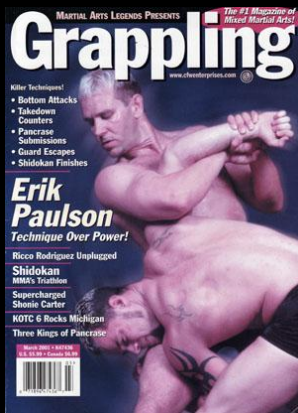


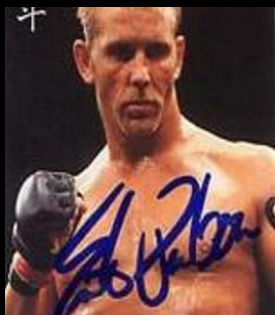
LOCATION:

FORT WORTH, TEXAS
FIGHTING METHOD
UNIVERSITY
3502 WILLIAMS ROAD
FORT WORTH, TX 76116

JULY 24 & 25, 2010



Date: 7/24 & 25, 2010
Time: 10am – 3pm
\$175 for 2 days
\$110 for 1 day



Register:
Cory Smith
817-938-8888

or

Tim McFatrige
254-749-9528



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Combat Submission Wrestling : Two Day Seminar



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Contact and payment information:

Cory Smith
817-938-8888
corysmith@jkdkali.com

Tim McFatrige
254-749-9528
tim_jkd@yahoo.com

You may also send payment through PayPal to either email address. Spots are limited for this seminar, so in order to secure your spot, we ask that you go to <http://www.isgmma.com> and pre-register for this event by paying a deposit of \$75.

Wear wrestling shoes, shorts, shirt, knee pads, etc... We will be training on mats so you may go barefoot, but please trim toe and finger nails as hygiene is very important. As hygiene is very important, make sure you shower before attending each day. People with improper hygiene may be asked to leave. Those with exposed and potentially infected sores will be asked to leave; for the safety and health of all others attending. Breaks will be given throughout the day for rest, snack and hydration. There will be a one hour lunch break each day.